

What is the Community Health Survey?

The Community Health Survey is a telephone survey that gathered data on behavioral and lifestyle habits and presence of health conditions among the Fond du Lac County adult population. It is one part of the Community Health Assessment, which is a process used to identify top health needs in the county.

What do the results mean to me?

The Community Health Survey provides a snap shot of health in our community. This document highlights key findings from the survey and we want to hear your feedback. As a resident of Fond du Lac County, you are able to provide input on which health concerns to address in our community.

Where can I provide my feedback?

After reviewing the key findings of the survey, you can fill out the Priority Issues Survey. This is your opportunity to provide feedback and tell us what your feel are the most pressing health concerns in the county. We want to hear your voice.

2017 Key Findings

Survey respondents were asked to name the 3 largest health concerns in the county:

Top 10 responses:

Listed in order from most frequently named to least.

1. Illegal Drug Use
2. Overweight or Obesity
3. Mental Health or Depression
4. Chronic Diseases
5. Prescription or Over-the-Counter Drug Abuse
6. Access to Health Care
7. Alcohol Use or Abuse
8. Cancer
9. Affordable Health Care
10. Tobacco Use

*when comparing 2017 Fond du Lac County Community Health Survey data to 2008 and 2014 survey data

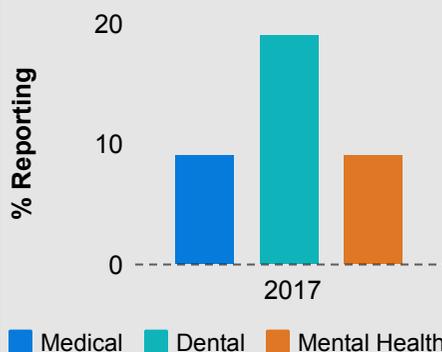
** a comparison to the state and national rate is included if data was available and the rate differs from Fond du Lac County by more than 5%

More people reporting unmet care in their household*

1 in 4 

reported at least one unmet care in household

Unmet Care in Household



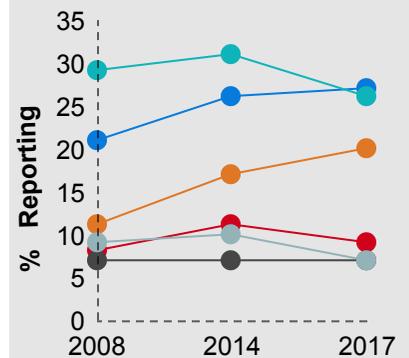
Reasons for unmet care include: cannot afford to pay, uninsured, or insurance did not cover it

More people reporting a mental health condition*

1 in 5 

reported a mental health condition

Health Conditions



- High Blood Cholesterol
- High Blood Pressure
- Mental Health Condition
- Heart Disease
- Diabetes
- Asthma

FOND DU LAC COUNTY

2017 Key Findings

Community Health Survey



Physical Activity

More than **Half** reported meeting aerobic physical activity guidelines

Less than **1 in 3** reported meeting strength training recommendations



Nutrition and Access to Food

Half of respondents reported eating the recommend servings of fruit per day

6% of households surveyed reported that sometime in the past year their household **was hungry, but didn't eat** because they couldn't afford enough food



Overweight and Obesity

Fond du Lac County has **higher rates** of overweight and obese adults when compared to WI and the U.S. **

Almost **1 in 4**



met the recommended amount of physical activity and strength training

1 in 4



reported eating the recommend servings of vegetables per day

Almost **3 in 4**



classify as being overweight or obese



Alcohol Use

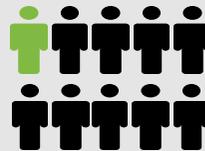
Fond du Lac County has **higher rates** of binge drinking among adults when compared to WI and the U.S. **

Binge drinking was defined as 4 more drinks on an occasion for females and 5 or more drinks on occasion for males.



Use of Tobacco Products and E-cigarettes

1 in 10 students reported using an electronic vapor product in the past month¹



More than **Half** of adults who reported to be current smokers quit smoking for 1 day or longer because they were trying to quit



Illegal Drug Use

Including prescription medication misuse/abuse

Percent of adults reporting a household problem associated with:

Marijuana	4%
Cocaine, heroin, or other street drugs	0%
Prescription/ Over-the-Counter drugs	4%

Note: A limitation to the survey is that household problems associated with drug use are self-reported and may not accurately reflect illegal drug use.

Nearly **2 in 5**



adults reported binge drinking

Youth report **more electronic vapor product** use as compared to other tobacco products¹

1 in 5 adults reported to be a current smoker in the past 30 days

Drug Overdose Rate Per Year:

Fond du Lac County: 12

Overall in Wisconsin: 15

Number of deaths per 100,000 people due to either accidental or intentional drug poisoning²

¹ 2017 Student Health Experiences and Attitudes Survey Report. Fond du Lac County.

² County Health Rankings and Roadmaps. Accessed February 5, 2018. <http://www.countyhealthrankings.org/app/wisconsin/2017/rankings/fond-du-lac/county/outcomes/overall/snapshot>