

Fond du Lac County Overarching Health Priority: Social Determinants of Health

Why it matters: The social determinants of health are the conditions in which people are born, grow, live, work and age. Research shows us that health behaviors and access to clinical care only make up about half of what predicts health. Social, economic, and physical environments make up the other 50% of what predicts health outcomes, such as health status and life expectancy.



Education

Almost 92% of adults over the age of 25 in FDL County are high school graduates or have an equivalent degree (2012-2016)



Income & Poverty

FDL County median household income: \$56,376
Population living in poverty: 7.7% (2016)
Percent of children living in poverty: 11% (2016)



Neighborhood & Built Environment

Severe Housing Problems: 13% of households were reported to have at least 1 of 4 housing problems: overcrowding, high housing costs, or lack of kitchen or plumbing facilities (2010-2014)



Health Care System

Ratio of Providers to population:
Primary care physicians: 1,820:1 (2015)
Dentists: 1,520:1 (2016)
Mental Health Providers: 930:1 (2017)



Community & Social Support

Adults 65 years and older live alone: 28% (2012-2016)
Children live in single-parent household: 27% (2012-2016)



Food Insecurity

FDL County Food insecurity rate: 8.7%
Child Food insecurity rate: 14.8% (2016)

Data Sources: U.S. Census Bureau, County Health Rankings, Feeding America

Our Goals: Increase awareness of the influence social determinants have in shaping health outcomes and improve health considerations in decision-making.

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Know What Affects Health:

According to Healthy People 2020, there are five key areas of social determinants of health. These five key areas include:

Neighborhood and Built Environment

- Access to Foods that Support Healthy Eating Patterns
- Crime and Violence
- Environmental Conditions
- Quality of Housing

Education

- Early Childhood Education and Development
- Enrollment in Higher Education
- High School Graduation
- Language and Literacy

Social and Community Context

- Civic Participation
- Discrimination
- Incarceration
- Social Cohesion

Health and Health Care

- Access to Health Care
- Access to Primary Care
- Health Literacy

Economic Stability

- Employment
- Food Insecurity
- Housing Instability
- Poverty

The Healthy People 2020 goal related to the social determinants of health is to, “create social and physical environments that promote good health for all.” All Americans deserve an equal opportunity to make the choices that lead to good health.

To learn more about the social determinants of health, visit:

<https://www.cdc.gov/socialdeterminants/>
<https://www.healthypeople.gov/2020/topics-objectives>

Source: Healthy People 2020. Washington, DC: U.S. Department of Health and Human Services, Office of Disease Prevention and Health Promotion. (2018)