

Date of Meeting: April 25, 2019

Time: 12:00 p.m. – 1:00 p.m.

Chair: Larry Richardson

Location: Fond du Lac Area Foundation, 384 N Main St., Fond du Lac, WI 54935

Recorder: Sarah Faust

Attendance: Sarah Faust (Health Dept.), Kim Mueller (Health Dept.), Melissa Worthington (Envision Greater Fond du Lac), Dr. DeGere (SSM Health), Amber Kilawee (United Way), Larry Richardson (FABOH), Lori Schrage (MPTC), Erin Brendelson (FDL School District), JJ Raflik (YMCA), Dr. Schmidt (SSM Health), Jackie Runge (FDL Area Foundation), Lalitha Ramamoorthy (Marian University)

Also in Attendance: Ellen Sorenson (Drug Free Communities), Tammi Kohlman (CSI/Destination Zero), Carol Collien (Community Member)



Topic:	Major Points Discussed:	Action Required:	Assigned to:
Welcome and Introductions	Welcome, JJ Raflik!		
Review and approval of minutes from January 2019	Motion made to approve. Second by Lori Schrage. Minutes are approved.		
Vacancies	<p>Vice Chair position for 2019 is now vacant following Greg’s departure. The person who fills the vice chair position would move into the chair position for 2020. Please consider vice chair position. Vice chair and chair review agendas and make recommendations for changes/approval a month prior to all meetings. Chair facilitates the meetings.</p> <p>St. Mary Springs Academy position on steering committee remains vacant. Stacey Akey is interim president and appointed by Marian University. Plan to reach out when position is filled permanently. Kim reached out to Kelly Norton at Grande Cheese and was connected to two individuals at Grande who are interested in learning more about Healthy FDL County 2020. Kim and Sarah hope to be meet with Grande representatives soon.</p>	If interested in Vice Chair position please reach out to Sarah or Kim	
Recognition	Eden Schneider Award from Envision Greater Fond du Lac - Larry shared the award received at the Envision Greater Fond du Lac annual meeting. Congratulations to everyone on the steering committee! Thank you Larry for accepting the award on behalf of the committee.		

	<p>This award reflects the hard work and dedication of all the organizations that work together to improve the health and wellbeing Fond du Lac County residents. The award will be housed at the County Government Center in the Health Department.</p> <p>Healthy Communities Road Sign update – the sign will be installed across from the main elevators on the first floor of the City/County Government Center.</p>		
Community Health Improvement Plan (CHIP)	<p>Cause cards and brochures – have been delivered to all steering committee members. Please reach out to Sarah if you need more brochures in the future.</p> <p>PowerPoints – no feedback received. Please use the PowerPoints for presentations on Healthy FDL County 2020. Minor tweaks and edits to the presentations are allowed to meet the needs of your audience.</p> <p>Elevator Speech – Purpose of the speech is to be able to explain the Healthy 2020 initiative in simple terms. It is additional tool that members can have in their pocket. The elevator speech does not have to be memorized verbatim but it is helpful to use shared language.</p> <ul style="list-style-type: none"> • Trauma-informed care (TIC) – the definition used in the elevator speech is the TIC definition used by the TIC subcommittee. It would be helpful to have a definition in more simple terms to ensure the terminology used is as close to 5th grade reading level as possible to ensure it is appropriate for public use. 	<p>Provide additional feedback on the elevator speech by May 31 to Sarah.</p> <p>Ask TIC subcommittee for TIC explanation in more simple terms</p>	Sarah
Media Group update	<p>Sarah, Kim, Melissa, Shelley, and Jackie – first Media group meeting was held. The meeting focused on discussing target audience and methods of engagement. Media group will focus on engaging business community and tailor messaging to why the health priorities matters at workplaces. Discussed creating employee profiles that are personable to the workplace and show impact of health issues on the business and</p>	<p>Schedule next media group meeting.</p>	Sarah

	<p>their bottom line. Could use these employee profiles on road shows to businesses and in combination with cause cards.</p>		
<p>Summary Reports</p>	<p>See progress report attached.</p> <p>Nutrition and Physical Activity by Dr. Schmidt</p> <ul style="list-style-type: none"> • Living well coalition provided letter of support to FDL Public Works for a grant application to improve trail at McDermott Park • FDL Parks & Rec will expand community garden to 19 beds at Hamilton Park • Woodworth Fitness Center still open for a few more weeks – still needs more promotion. Will continue partnership with Marian University • Breastfeeding Celebration – will be on August 1st at Lakeside Park. Organized by WIC & Health Department and looking to expand partners. Event is open to the public. Continuing to promote breastfeeding friendly workplaces. • Teaching Safe Bicycling – train the trainer course for youth safe bicycling that will be offered for FREE in FDL on June 21st. Please help promote widely and encourage those to register ASAP (Flyer attached). • First bicycle subcommittee meeting was held to organize bicycle events and plan a bicycle drive & repair event as the need was brought to attention by Valerie’s Summer of Fun Initiative. • Summer of Fun Initiative – program will run July –August and is for children (grades K-5) of low-income families. Program expands access to fun opportunities (swim lessons, arts & crafts, library) while addressing food insecurity during summertime by providing bag lunch. First pilot year of this 		

program at Chegwin, Parkside, & Rosenow – signup begins next week through mid-May.

- Veterans Thrive Garden opened April 22nd. Contact Salute the Troops for more information.
- Downtown FDL Farmers Market kicks off May 11th for Saturday market and June 5 for Wednesday market
- Walk with a Doc program may be going away as it may no longer be a priority and with construction at the mall starting; Walk with a Doc in Ripon is thriving.

Alcohol and Other Drug Abuse by Ellen Sorensen

- STANND groups have been working on Juuling in partnership with Health Department Tobacco Free coalition.
- City of Fond du Lac passed an ordinance to prohibit vaping in all work & public places.
- Ripon STANND group has been working to organize a post prom alcohol-free event.
- Harm reduction pillar – narcan trainings have been held at libraries in Ripon and Campbellsport. A Narcan training was also held in the county jail for inmates and Narcan kits have been placed in their personal property to have upon release. Upcoming Narcan trainings are scheduled for Waupun and Fond du Lac in May.
- FDL County Sheriff’s Office is in process of scheduling an alcohol outlet retailer training in upcoming months, then to begin compliance checks which have not been done since 2014.
- HWPP grant was awarded for the development of a strategic wrap around plan for pregnant, new mothers who use drugs, their families, and neonatal abstinence syndrome (NAS) babies and will be published on May 31, 2019.
- Community Events best practice – this committee will be meeting with two new community events, for a total of 12 festivals to be evaluated this year.
- Hidden in plain sight event (educational presentation for parents/adults) was held at Laconia High School.

- DFC hosted 3rd annual walk/run as fundraiser.
- Starting Spring Drug Take Back Campaign.
- Needle exchange program – the health department is to looking into starting a needle exchange/ syringe exchange program in the community. Government center is not an ideal location because of courts and secured entrance but is the only option currently. Needles exchange programs are an effective component of an approach to HIV prevention among people who inject drugs. Using sterile needles and syringes for injections reduces the risk of getting and transmitting HIV, viral hepatitis, and other blood borne infections. Needle exchange programs also provide safe disposal of used needles and syringes, education, referrals to treatment programs, and testing for HIV and hepatitis C.

Mental Health by Tammi Kohlman

- Restructured mental health access committee and this has resulted in better attendance.
- Pathway to care navigation tool is to help residents know how to access behavioral health services. Paper copy, web based, and app may be options to promote and present the navigation tool.
- Through CSI destination zero grant looking to offer two crisis/clinical-level trainings this year to increase skill set of local clinicians and to improve providers confidence in treating suicidal ideation- motivational interviewing and DBT for crisis intervention.
- Prevent Suicide Fond du Lac committee – has identified monthly topics for coordinated messaging campaign.
 - May is mental health awareness month – proclamations have been read at Fond du Lac City council and Fond du Lac County boards and will be read at Ripon.

	<ul style="list-style-type: none"> ○ QPR trainings – trained around 200 people at a variety of settings. Monthly trainings open to the public at the Y. (flyer attached) ● Warrior Summit – Friday, Oct 18th at Marian University all day. Focused on mental health needs of veterans/ military families, how to best connect them to services and support, and meet their needs. <ul style="list-style-type: none"> ○ Idea proposed to use another day that week for another event ● Jim Salasek is moving out of state and has formally given his notice to CSI. At a CSI meeting the next mental health access chair will be determined and that person will assume Jim’s role and provide updates to Healthy 2020 as the mental health priority lead. 		
Open Discussion	Measles – Health Department and SSM Health will be putting on a tabletop exercise. Exercise will include focus on businesses, daycares, and schools. There is currently a measles outbreak in 22 states. No confirmed cases in WI. Best way to protect yourself is to get vaccinated.		
Next Meeting Date	July 25th, 2019, 12-1pm at the Fond du Lac Area Foundation October 24 th , 2019, noon		