

**MENTAL HEALTH/AODA ADVISORY COMMITTEES MEETING MINUTES: 7/29/19**

Called to Order: 4:15 P.M.

Adjourned: 5:02 P.M.

DCP Board Members Present: Lisette Aldrich, Jerry Bonlander, Mary Ellen McMeen, Mary Jean Nicholson  
Absent: Steve Holstein

Citizen Members Present: Bev Gudex, Berry House; Amy Maters, Solutions Center

Absent: Les Meier, Blandine House; Mary Gerlach, Beacon House; Marian Sheridan, FDL School District;

Guests: Keith Johnson, Marian student

Staff Present: Lynn Klapperich, Heather Foust, Joseph Babiak, Lynn Propson

**WELCOME & INTRODUCTIONS**

The meeting was called to order by Mary Jean Nicholson. Introductions were made.

**NEW EMPLOYEE INTRODUCTION**

Joseph Babiak introduced himself to the committee. Joseph started with DCP as a Substance Abuse Counselor on June 10<sup>th</sup>. Joey is a recent graduate of UW Oshkosh where he received a Master's Degree in Professional Counseling. He interned at Nova Counseling Services in Oshkosh for two years working with individuals struggling with addiction.

Lynn Propson introduced herself as a new crisis intervention worker. Lynn started with DCP on July 8<sup>th</sup> after doing her internship with DCP working on the outpatient side. Previously, Lynn did her internship for her Bachelor's Degree with the Dept. of Social Services. She recently graduated from UW Oshkosh with a Master's Degree in Social Work with an emphasis on mental health.

**ELECTION OF OFFICERS**

Motion by Jerry Bonlander, second by Lisette Aldrich and carried, to cast unanimous ballot for Mary Jean Nicholson as Chair of the MH/AODA Advisory Committee.

Motion by Mary Jean Nicholson, second by Lisette Aldrich and carried, to cast unanimous ballot for Jerry Bonlander as Vice-Chair of the MH/AODA Advisory Committee.

Motion by Lisette Aldrich, second by Jerry Bonlander and carried, to cast unanimous ballot for Mary Ellen McMeen as Secretary of the MH/AODA Advisory Committee.

**APPROVE MINUTES**

Motion by Bev Gudex, second by Lisette Aldrich and carried, to approve the minutes from the 2/25/19 MH/AODA Committees meeting as written.

**CITIZEN INPUT**

None

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### DRUG COURT PROGRAM UPDATE

Lynn stated that DCP currently has 7 active Drug Court participants; 3 individuals have been accepted, but participation is pending their sentencing hearings; there currently are 2 pending assessments; 1 termination so far this year; 1 individual has timed out which means that they did not accomplish all the Drug Court requirements; and finally, there have been 6 graduates so far in 2019. They have been working on updating the policy and procedures for Drug Court. Some of the graduates of the program have wanted to mentor others going through the program. They have developed their own mentoring program which starts with meeting new participants in court. We have been working on increasing referrals. Any recommendations have to go through the DA and their attorney. Additionally, we will now be adding a representative from the Sheriff's Department to the team. Some changes have been made to the graduation as well. In the past only the judge would speak, now the entire team does. Graduation is a celebration of what the individual has accomplished and it is very beneficial for them to hear the positive feedback. They are presented with cake and a scrapbook of their progress over the 18 months of the program. Any members of the DCP Board or of this committee are welcome and encouraged to attend graduations. Court is always on Fridays with 1pm being the team meeting to discuss progress and any updates; 2pm is court with the judge; 3pm is the graduation.

Lisette inquired as to the living situations for the participants and if any were in residential treatment facilities that we contract with. Lynn reported that currently we have 1 at Blandine House. Additionally, we currently have 1 at Exodus House and 1 at Ryan House. Lynn stated that residential treatment would only be for those who have struggled with sobriety/abstinence and need a more structured environment. All communicate weekly with the judge.

### OPIOID TREATMENT PROGRAM UPDATE

Fond du Lac currently has 16 people active in the Opioid Treatment Program. The entire program is voluntary with most participants being outpatient. About 12 of those participants receive monthly Vivitrol injections. The grant covers the cost of these injections as well as the cost of residential treatment if needed. Justice Point manages the grant and provides the case manager, Lynn supervises this case manager. This case manager will do the initial assessment, the intake and makes the recommendation for treatment. This then goes to Lynn and she will approve or not. Most start out with Vivitrol and intensive outpatient treatment. If there is a relapse, then we look at residential treatment. The case manager will also work with housing, employment, and insurance as well as provides some transportation.

### AGENCY SHARING

1. Lynn shared that the directors of both Blandine House, Les Meier, and Beacon House, Mary Gerlach, have retired. We do not yet know who their replacements will be.
2. NAMI had their annual Ride for the Mind on 7/27/19 which included a raffle and a \$500 cash prize. Becky Bell, former DCP employee and current Dodge County Director, won the \$500 cash prize. Friendship Corner will hold their annual picnic on July 30<sup>th</sup>. September 14<sup>th</sup> is the Annual Run/Walk; and in October again they will be partnering with the Marian University social work students and sponsoring a speaker. Mary Ellen will provide the date and more details.
3. Bev stated that their census had been a little low, but is increasing. They have had some staff changes and are working on employment and volunteer programs for residents in the houses.
4. Amy Mathers from Solutions Center stated that they have a new program that works with police to take victims of domestic violence to shelter right away. The men's shelter is full; seeing more coming in with opioid addiction. Discussion followed on Methadone, Vivitrol, and Suboxone as drug treatment forms. There is a great challenge in getting housing for people. The WRAP program has been put on hold. More one bedroom places are needed. The family shelter that they had was flooded with 8' of water earlier this year when Fond du Lac had flooding so this option is not currently available. Lisette asked what do you do if you find someone with nowhere to go. Discussion followed. It's best to call the police so that they can sort out the situation. Also discussed was service animals and the difficulty finding housing for folks with those.

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FUTURE AGENDA ITEMS

We will check into Eric Foster and an update on the LEAP program for our next meeting.

NEXT MEETING

The next MH/AODA Advisory Committees meeting will be held on 10/28/19 at 4:15 p.m.

Motion by Bev Gudex, second by Amy Mathers and carried, to adjourned the meeting at 5:02 p.m.

Respectfully submitted:  
Mary Ellen McMeen, Recorder