



Public Health
Prevent. Promote. Protect.

**Fond du Lac County
Health Department**



FOR IMMEDIATE RELEASE
July 17, 2019

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DANGEROUS HEAT EXPECTED THURSDAY AFTERNOON THROUGH FRIDAY EVENING - July 18th – 19th, 2019

The National Weather Service is forecasting dangerous heat in the week ahead, just in time for the Fond du Lac County Fair. While the heat advisory begins Thursday afternoon, temperatures and humidity today will make it uncomfortable. Everyone, especially those that work outside or are going to be enjoying outdoor activities this week, need to be aware of the heat and the effects the heat has on their body. The Fond du Lac County Emergency Management and Health Departments encourage everyone to check on friends, relatives and neighbors who may not have air conditioning and to know the signs and symptoms of heat exhaustion and heat stroke.

During these hot, humid days, everyone should ensure they limit their time outside and drink plenty of water. For those attending the Fond du Lac County Fair, take breaks in the buildings with air conditioning, the Recreation Building and the Expo Building, to allow yourself to cool down and drink plenty of water.

For more heat related information, please view the Center for Disease Control and Prevention’s [Beat the Heat Infographic](#).

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