

## MISSION AND VISION STATEMENTS

*Mission:* The Fond du Lac County Maternal Child Health Department promotes and protects the health of all Fond du Lac County pregnant women, infants, children and families through assessment, advocacy, education, leadership and the provision of accessible services.

*Vision:* To promote optimal perinatal outcomes, health education, and family living skills for families within Fond du Lac County.

# HEALTHY MOMS...

# HEALTHY BABIES



**Free home visit by a Registered Nurse specializing in Maternal Child Health**

Fond du Lac County Health Department  
160 S. Macy Street  
Fond du Lac, WI 54935  
(920) 929-3085



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## WHAT WE OFFER FOR MOM

Postpartum Depression Screening  
Breastfeeding Support

Information on:

- Postpartum Health
- Nutrition
- Family Planning
- Women's Health Issues
- Family Adjustments
- Bonding and Attachment
- Infant Feeding/Sleep Schedules
- Food/Formula Prep and Storage
- Smoking Cessation
- Community Resources



## WHAT WE OFFER FOR BABY

Weight, Length, and Head Measurement  
Ages and Stages Questionnaire (ASQ-3)

Information on:

- Recommended Immunizations
- Well Baby Checks
- Newborn Care/Health Concerns
- Importance of "Tummy Time"
- Growth and Development
- Injury Prevention and Safety
- Safe Sleep
- SIDS (Sudden Infant Death Syndrome)
- Shaken Baby Syndrome
- Childcare



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