

# Memory Café

**WHEN**  
4th Thursday  
of every month

**TIME**  
1:00pm-2:30pm

**REGISTER**  
First time attendees  
please call  
800.272.3900  
to register



Fond du Lac Public Library  
32 Sheboygan St. Fond du Lac, WI 54935

Memory Cafés are places where persons with MCI (Mild Cognitive Impairment) early-stage Alzheimer's or a related dementia can go with their care partners to socialize and have fun with other people going through similar things. A Memory Café has no real agenda or stated purpose except to enjoy each other's company. Cafés provide a time where you do not need to focus on the diagnosis, while having a great time connecting with each other as a family or creating new friendships.

**Café partner:** Fond du Lac Public Library

alzheimer's  association®

**Fond Du Lac Public Library**  
**Memory Café 2019 Dates and Topics**  
**1:00-2:30pm**

**March 28:** *MUSIC AND MEMORIES.* We will discuss the effect music has on our brains and how music can promote pleasant memories. May have a guest speaker.

**April 25:** *JOKES, JOKES, JOKES.* We had so much fun last year, we will be telling jokes again this year. Either come with some of your favorites or we'll find some together. Be prepared to laugh!

**May 23:** *PLANTING SEASON.* Although Earth Day is in April we will plant in May. Come and plant some flowers with us at the table. You will be able to take your plants home.

**June 27:** *JUNE IS DAIRY MONTH.* We will be celebrating with either cheese or ice cream! Wisconsin's favorites will be the highlight of the conversation. Come share with us.

**July 25:** *COUNTY FAIR TIME.* Yes, there will be cream puffs and games! Come reminisce with us and play games like ring toss, bean bag toss, basketball, and win prizes! We had so much fun last year, the group asked for this activity again. A fun time was had by all! Come play with us!

**August 22:** *CRAFTS AND FUN WITH MULTI-MEDIA DESIGNS.* Come and release your creativity ! "Macy Place on the Road", Barb McWithey will be coming to assist us in creating our own multi-media project on a canvas board. A fun time will be had by all ! All supplies provided.  
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**September 26:** *MACY PLACE ON THE ROAD IS BACK AGAIN* to teach us how to create unique and colorful pieces of art on ceramic tiles using alcohol inks. You will be surprised how simple it is to create a beautiful piece of art. No talent or experience is needed. All supplies will be provided.

**October 24th:** *FALL COLORS AND COVERED BRIDGES.* Come reminisce with us and explore covered bridges of Wisconsin in photos.

**November 21:** *COME CREATE WITH US !* We will be painting a fall or winter picture with music. All supplies and aprons will be provided. No experience needed. !

**December 19:** *WINTER CRAFT TO BE ANNOUNCED.*