

**Date of Meeting:** October 24, 2019

**Time:** 12:00 p.m. – 1:00 p.m.

**Chair:** Larry Richardson

**Location:** Fond du Lac Area Foundation, 384 N Main St., Fond du Lac, WI 54935

**Recorder:** Sarah Faust

**Attendance:** Shelley Tidemann (UW Madison Division of Extension-FDL County); Amber Kilawee (United Way), Marian Sheridan (CSI’s Mental Health Access chair), Erin Brendelson (FDL School District), Larry Richardson (FABOH), Kim Mueller (FDL County Health Dept.), Lori Schrage (Moraine Park), Molly Jaster (FDL Area Foundation), Chief Lamb (FDL PD), Dr. Heather Schmidt (Agnesian/SSM Health), Sarah Faust (FDL County Health Dept.)



**Attachments:** Building a Trauma Responsive Community Event Flyer; QPR Flyer, 3<sup>rd</sup> Quarter Report

Topic:	Major Points Discussed:	Action Required:	Assigned to:
<b>Welcome and Introductions</b>	Welcome, Molly!		
<b>Review and approval of July 2019 minutes</b>	Motion made Erin B. Second by Shelley Tidemann. Minutes approved.		
<b>Vacancies and membership</b>	<p>St. Mary Springs Academy – Larry spoke with Stacey Akey. SMSA is in the process of hiring a new school health nurse who will join this committee once familiar in their role.</p> <p>Grande Cheese – Kim and Sarah met with Grande Cheese. They are considering the invite and will let us know if they would like to observe a meeting sometime in the near future. Sarah and Kim will follow up in 2020.</p> <p>Vice Chair Position for 2020 – Lalitha will be moving into chair position for 2020. Need a vice chair for the year of 2020. The vice chair position will be voted on at the January 2020 meeting.</p>	Members who are interested will reach out to Kim to discuss the position further	Any
<b>Community Health Improvement Plan (CHIP)</b>	Sarah will be presenting to one of Lalitha’s classes at Marian University and will use the Healthy 2020 presentation and distribute CHIP brochures. If anyone has request for presentation or knows a groups that would like guest speaker, Sarah would be happy to assist. More CHIP brochures are available if needed.	informational	
<b>Media Group update</b>	<p>Business Engagement Presentation &amp; WISnet project</p> <p>Role of media group is to identify areas in the community where we can share and promote the work of the CHIP/Healthy 2020. After the media group met it was decided to focus on engaging the business community. A presentation was created and tailored to the business community. Next steps are to identify how to roll out the presentation after changes in membership of this media group. Destination Zero is also developing an app that will be rolled out. Would like to have consistent messages among the two groups and coordinated efforts.</p>	informational	

<p><b>Summary Reports of Priorities</b></p>	<p>See 3<sup>rd</sup> Quarter Reports Attached.</p> <p>Mental Health by Marian Sheridan:  Pathway to Care Navigation Tool distributed among committee members. Also available online at <a href="http://www.csifdl.org/pathways">www.csifdl.org/pathways</a> (app will be coming soon!). This tool is part of the work towards the goal to increase mental health access. Funds for creating this tool were part of Comprehensive Service Integration’s Destination Zero Grant.</p> <p>Motivational interviewing training – over 90 clinicians trained.</p> <p>Warrior Summit had over 120 in attendance. The focus of the summit was supporting veterans.</p> <p>A training on DBT Skills for crisis intervention is already at capacity, if interested there is a waitlist.</p> <p>Over 800 trained in Question Persuade Refer (QPR) gatekeepers training.</p> <p>2 individuals were trained in providing a loss survivors group. Currently FDL does not have suicide survivors’ loss support group and is looking to start one again.</p> <p>Patient Safety Plan –there is a group working actively on this right now for adults and children. Goal is to have a universal safety plan that everyone can read and interpret, created for and by the patient. Usually a safety plan is an electronic record, but the idea is that a client would get a hard copy of the plan and give copies to those around them that could access it if needed.</p> <p>Trauma-Informed Care (TIC) – Building a Trauma Responsive Community event happening in November at Marian University’s Stayer Center. <a href="#">Register here</a> and see attached flyer.</p> <p>Alcohol and Other Drug Abuse by Chief Bill Lamb:  Breaking Barriers Community Event was held in September (recognized as Recovery Month) – This was the first ever recovery event like this in Fond du Lac. The event was well received and attended. Drug Free Communities is already planning the 2<sup>nd</sup> annual recovery event for 2020 on Sept 12<sup>th</sup> from 2-6pm!</p> <p>Drug Take Back Campaign for fall is underway – Oct 26<sup>th</sup> is national drug take back day but always encourage the community to use the drug drop boxes located throughout the community year round. The FDL Senior Center had their drug take back day on Oct 18<sup>th</sup>, collecting 36lbs of pills. FDL &amp; WI are leaders in drug take back days. Hidden in Plain Sight was also hosted at the FDL senior center. STAAND students (Students Taking Action Against Negative Decisions) will be working on a social media plan to address vaping/juuling. There is concern of how to dispose of</p>	<p>Advise when the adult pathway to care navigation tool can be shared and promoted widely</p> <p>Please promote the TIC events among your networks.</p>	<p>Marian</p>
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	<p>vaping devices. Goal was met to see a decrease in the number of youth reporting it is easy to obtain prescription medications for non-medical use from 33% to 28%.  Drug trends seen in the community: continue to see heroin/opioid overdoses.  Cocaine and meth are continuing to rise. THC is becoming more and more prevalent (oils, candy, etc.). All of our bordering states are at threshold of legalization. Talks in Madison of legalizing medical marijuana. Industrial hemp is legalized, have seen lot of challenges with hemp and state provided testing to see if it is under .03% THC limit.</p> <p>Nutrition and Physical Activity by Dr. Schmidt – Community breastfeeding celebration was held in August during World Breastfeeding week, hosted by Fond du Lac County WIC and the Health Department. Over 100 attended. Fond du Lac County is now a breastfeeding friendly business/workplace with 5 sites.  Slow roll – first Slow Roll in Fond du Lac was hosted in September with over 30 participating in a bike ride around Lakeside Park. Slow Rolls are inclusive and family oriented bike rides; they are not races and you can go at our own pace. There are plans for an October and November slow roll, they will pick up again in April of the following year.</p> <p>A subcommittee of the Living Well Coalition is in early planning stages for a bike day celebration during the first week of May before FDL School District’s bike to school day. This event will aim to match you in poverty/need with a bike, paired with bike helmets and bike safety education. Multiple ideas were shared for collecting bikes and donations.</p>		
<b>Open Discussion</b>	<p>Healthy 2020 &amp; CSI. It was shared that intent is still there to continue the conversation of Healthy 2020 &amp; CSI merging. No updates shared at this time. More meetings between Healthy 2020 representatives and CSI need to occur.</p>		
<b>Future Meeting Dates</b>	<p>Proposed date &amp; time: 4<sup>th</sup> Thursday of the month on quarterly basis  From 12-1pm at the Fond du Lac Area Foundation.</p> <ul style="list-style-type: none"> <li>• January 23, 2020</li> <li>• April 23</li> <li>• July 23</li> <li>• October 22</li> </ul> <p>No feedback received for different meeting dates or time. Motion made to adjourn by Marian and 2<sup>nd</sup> motion made by Molly. Meeting adjourned.</p>		