

2024 FOND DU LAC COUNTY Community Health Survey

About the Survey

What is the Community Health Survey?

The community health survey is a mail survey that gathered data on behavioral and lifestyle habits, and presence of health conditions among the Fond du Lac County adult population in 2024. This **survey is one source of data** that helps identify top health needs in the county as part of a larger community health assessment and measure trends compared to previous years.

What do the results mean to me?

The survey results provide a snap shot of health in our community. This document highlights preliminary key findings on the health of our community.

Survey Key Findings



MENTAL HEALTH



1 in 5 respondents reported to have a **mental health condition** (past 3 years)

OPINIONS ABOUT MENTAL HEALTH



STRONGLY AGREE

Mental health concern can be as serious as physical health concern



STRONGLY DISAGREE

Easy to tell if someone has a mental health issue



STRONGLY AGREE

Anyone can develop mental health issue



STRONGLY DISAGREE

Person who is happy/have it all cannot be depressed



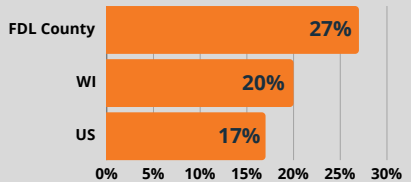
ALCOHOL USE

About **1 in 4** respondents reported **binge drinking*** in the past month



*binge drinking was defined as 4 or more drinks on an occasion for females and 5 or more on occasion for males.

Binge Drinking in the Past Month

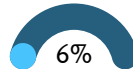


TOBACCO AND E-CIGARETTES

About **2 in 15** respondents reported to **smoke** in the past year



About **1 in 15** respondents reported to use an **electronic vape** in the past month

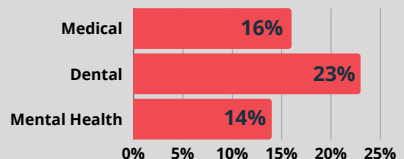


UNMET HEALTH CARE NEEDS

About **1 in 4** respondents reported to **delay/did not seek care due to cost**



Unmet Health Care Needs in the Household



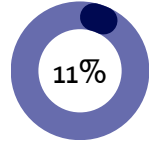
Fond du Lac County Community Health Survey

2024 Key Findings



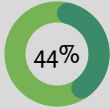
VIOLENCE & CRIME

About **1 in 10** respondents reported at least one of the three safety issues (physical, verbal, or emotional abuse) in the past year



PHYSICAL ACTIVITY

About half of respondents reported meeting aerobic physical activity guidelines*

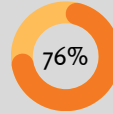


*30 minutes of moderate activity/ 5 times a week or 20 minutes of vigorous physical activity/ 3 times a week



OVERWEIGHT AND OBESITY

About 3 in 4 respondents were classified as at least overweight**

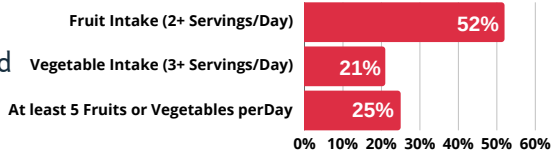


**Body Mass Index greater than or equal to 25.0. BMI is calculated by using kilograms/meter².



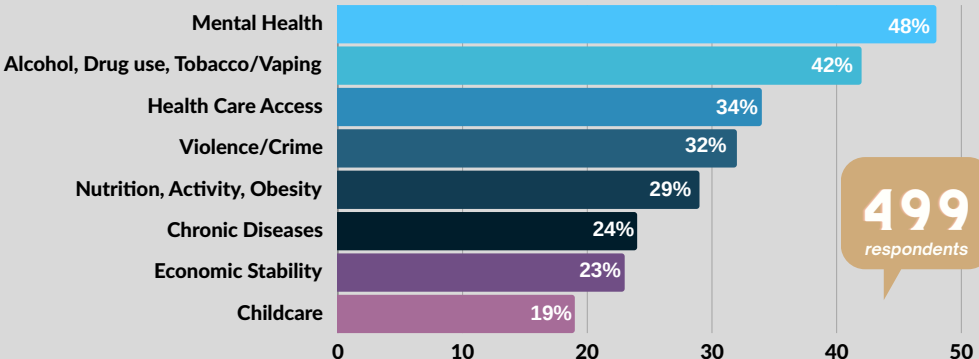
NUTRITION

1 in 4 respondents reported eating the recommended 5 servings of fruit and vegetables per day



TOP COUNTY HEALTH CONCERNS REPORTED

Survey respondents were asked to name the top 2 social/economic issues and top 2 health conditions/behaviors in the county that must be addressed. Below are the top health concerns most commonly mentioned.



499
respondents

Sources:

1 2024 Fond du Lac County Community Health Survey Report. JKV Research, LLC